



This institution is an equal opportunity provider.

04/2022

701.23



# Infant Food List



**INFANT FRUITS**

Gerber brand second foods only;  
4-ounces plastic containers only.  
Only the specific types as listed:



Apple



Apple Avocado



Apple Blueberry



Apple Cherry



Apple Peach Squash



Apple Strawberry Banana



Apricot Mixed Fruit



Banana



Banana Apple Pear



Banana Blackberry  
Blueberry



Banana Carrot Mango



Banana Orange Medley



Mango



Mango, Apple  
and Avocado



Pear and Blueberries



Peas, Green Beans  
and Asparagus



Pineapple, Pear and  
Avocado



Spinach, Zucchini and  
Peas



Sweet Corn and Green Beans



## INFANT FRUITS AND VEGETABLES

Beechnut Naturals second foods only;  
4-ounces glass containers only.  
Only the specific types as listed:



Apple and Blackberries



Apple and Kale



Apple, Pumpkin and Cinnamon



Banana, Blueberries and Green Beans



Banana, Orange and Pineapple



Beet, Pear Pomegranate



Carrot, Sweet Corn and Pumpkin



Guava, Pear and Strawberries



Banana Plum Grape



Mango



Peach



Pear



Pear Pineapple



Pear Zucchini Corn



Prune Apple

## INFANT VEGETABLES

Gerber brand second foods only;  
4-ounces plastic containers only.  
Only the specific types as listed:



Butternut Squash



Carrot



Carrot Pear Blackberry



Carrot Mango Pineapple

	
Carrot Sweet Potato Pea	Green Bean
	
Pea	Pea Carrot Spinach
	
Pumpkin	Pumpkin Banana
	
Squash Apple Corn	Sweet Potato
	
Sweet Potato Apple Pumpkin	Sweet Potato Corn
	
Sweet Potato Mango Kale	

	
Mango	Mixed Vegetables
	
Peach	Pear Pineapple
	
Pear Raspberries	Squash
	
Sweet Carrots	Sweet Peas

**INFANT FRUITS AND VEGETABLES**

Meijer brand foods only;  
 2-4 ounces plastic twin-pack;  
 Only the specific types as listed:



	
Apple Strawberry & Banana	Apple Berry Mix
	
Mixed Vegetables	

## INFANT FRUITS AND VEGETABLES

Beechnut brand second foods only;  
4-ounces glass containers only.  
Only the specific types as listed:



Apple



Apple Blueberries



Apple Mango Kiwi



Apple Pear Banana



Banana



Banana Strawberry



Corn and Sweet Potatoes



Garden Vegetables

## INFANT FRUITS AND VEGETABLES

Gerber brand second foods only;  
4 ounces glass containers only.  
Only the specific types as listed:



Apple Prune



Apple Spinach Kale



Apple Strawberry Banana



Apple Zucchini Peach



Banana Blueberry



Pea Carrot Pea



Pear Guava



Pear Zucchini



Squash Pear Pineapple



Sweet Potato Banana Orange



## INFANT CEREAL

Gerber brand only; 8-ounces containers only; all flavors of iron fortified cereal.

**NOT ALLOWED:** With added fruit; with added DHA/ARA; cereal in jars; variety packs.



Gerber.



Multigrain



Oatmeal



Rice



Whole Wheat

## INFANT MEATS

For exclusively breastfeeding participants only; Gerber brand second foods only; 2.5 ounce glass jars only; Only the specific types as listed:



Gerber.



Beef and Gravy



Chicken and Gravy



Ham and Gravy



Turkey and Gravy

## INFANT FRUITS AND VEGETABLES

Tippy Toes brand foods only; 2- 4-ounces plastic twin-packs. Only the specific types as listed:



Apples



Apple Banana



Apple Banana Strawberry



Apple Berry



Apple Carrot Mango



Apple Mango



Apple Pear Banana



Apple Sweet Potato



Bananas



Carrots



Mixed Vegetable



Squash



Squash Apple Pear