



Early Childhood
Health Program

Ohio

Department
of Health

Ohio Healthy Program with Step Up to Quality

Domain: Staff Qualifications and Professional Development; Sub-Domain: Professional Development	
Provider/Programs are required to complete 20 clock hours each biennium.	Ohio Healthy Programs (OHP) provides up to 15 hours of Ohio Approved (OA) hours at no cost if a provider/program works through the process of designation. Trainings are offered online and in person. There is a Technical Assistant (TA) who can help walk a provider/program through the process from start to finish. For the two- year designation, there is additional training required annually that is OA and supports Step Up To Quality (SUTQ) requirements.
Domain: Family and Community Partnerships; Sub-Domain: Communication and Engagement	
One-star: Provider/Program provide information about resources and community services to families.	One of the OHP requirements for designation is to implement at least one healthy family engagement activity that provides resources and education to families.
Two-star: Provider/Program communicate with families using two different modes of communication.	Provider/Program may demonstrate a healthy family engagement activity in a variety of ways, including but not limited to: (1) providing articles in newsletters or displaying a bulletin board on a healthy habit topic (i.e., nutrition, physical activity, obesity prevention); (2) hosting a family meeting on nutrition, menu planning, physical activity, etc.; (3) providing healthy cooking activities; or (4) hosting family events for physical activity to further promote a cohesive bridge between home and school.
Two-star: Provider/Program provide families with information on topics addressing health and child development.	The OHP program provides technical assistance and extensive resources for family engagement on the health topics of healthy eating and active living, and the child development topic of Adverse Childhood Experiences.
Two-star: Provider/Program offers one opportunity for families to engage in activities annually.	OHP designation is a two-year designation, and the re-designation application requires information about a new family engagement activity. Annually, the provider/program will complete an assessment to demonstrate alignment and document additional professional development and new family engagement opportunities.



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<p>Three-star: Provider/Program organizes at least one educational training, workshop, or event to support families; engagement in children’s learning or development annually.</p>	<p>OHP designation is a two-year designation and the re-designation application requires information about a new family engagement activity. Annually, the provider/program will complete an assessment to demonstrate alignment and document additional professional development and new family engagement opportunities.</p>
<p>Three-star: Provider/Program has written policies and procedures to ensure children have received health screenings or families have been provided information on the importance of health screenings and resources to obtain them.</p>	<p>During the professional development training, OHP addresses healthy habits and the importance of going to the doctor for well checks and BMI information.</p>
<p>Three-star: Provider/Program and parents work collaboratively to create annual written, developmental, and educational goals for children.</p>	
<p>Four/Five-star: Provider/Program has written documentation of formal and/or informal agreements with community partners and other family-serving agencies, programs and entities.</p>	<p>OHP designated programs must agree to implement the components of the OHP program as prescribed by the Ohio Department of Health, Columbus Public Health, and the Ohio Child Care Resource & Referral Association (OCCRRA). OHP provides recommendations of community partners with whom providers/programs may partner with for healthy eating, active living, and family engagement activities.</p>
<p>Four/Five-star: Provider/Program uses a formal model or process to enhance family engagement strategies.</p>	<p>OHP designated programs must agree to implement the components of the OHP program as prescribed by the Ohio Department of Health, Columbus Public Health, and OCCRRA. OHP provides recommendations of community partners with whom providers/programs may partner for healthy eating, active living, and family engagement activities.</p>
<p>Four/Five-star: The Provider/ Program has an organized and active parent volunteer group.</p>	
<p>Domain: Family and Community Partnerships; Sub-Domain: Transitions</p>	
<p>One-star: Provider/Program provide written information to families on transitioning children into, within and out of the program.</p>	<p>OHP offers healthy nutrition and physical guidance that can be shared with families that are developmentally appropriate to their child and can be used as a resource guide for transitions about expected development and needs.</p>



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<p>Two-star: Provider/Program provide age-appropriate activities for children to prepare them for the transition to a new classroom or educational setting. Provider/Program transfers any child's records to the new setting at the family's request and with the family's written consent.</p>	<p>OHP offers healthy nutrition and physical guidance that can be shared with families that are developmentally appropriate to their child and can be used as a resource guide for transitions about expected development and needs of the next classroom.</p>
<p>Three-star: Provider/Program meets with families to develop an individualized transition plan that supports a child's transition to another classroom or educational setting.</p>	<p>OHP lends the opportunity to share program policies and highlight changes in age groups that support healthy nutrition and active lifestyles appropriate to the age and history of each child that include the relationships inside and outside of the ECE setting.</p>
<p>Four/Five-star: Provider/Program has written transition policies and practices that include strategies for supporting transitions into, within and out of the program for both children and families</p>	<p>OHP lends the opportunity to share program policies and highlight changes in age groups that support healthy nutrition and active lifestyles appropriate to the age and history of each child that include the relationships inside and outside of the ECE setting.</p>