

COMMUNITY WALKING TRAIL AMHERST JUNIOR HIGH



About:

In October 2021, the 800-meter Amherst Junior High Fitness Phase 1 trail was created. The trail serves over 2,500 students and staff members, as well as the community. To continue developing the trail features with a specific focus on mental health and usability, Amherst school staff used the Healthy Places Grant to:

- Install workout stations
- Include a mental health reflection station
- Add trash cans, benches, and signage

Phase 2 of the trail has allowed the space to become even more accessible to the entire Amherst community. It also provided safe fitness environments for all ages, and encouraged the practice of caring for mental health.

2022 Grantee: Amherst Exempted School Village

Address:

550 Milan Ave.
Amherst, OH
44001



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